

**TILAK MAHARASHTRA VIDYAPEETH
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

Name of the event: Seminar on the Occasion Of “World Down Syndrome Day”

Organizer: Nursing Department.

Date and time: 30/3/2023

Participants: Third Year B.sc. Nursing Students.


Under the able guidance of Hon'ble Chancellor Dr. Deepak. J. Tilak Vice Chancellor Dr Geetali Tilak, Vice President Dr. Rohit Tilak sir and Principal Dr. Madhuri Shelke Institute of Nursing Education and research. The World Down Syndrome Day conducted by the Third year BSc.Nursing student and Seminar taken by Faculty Ms. Heera Bhalerao.

Students actively participate in topic discussions in the seminar such as Preventions, early detection, screening test in Pregnancy, diagnosis, Causes and Risk Factors, IQ Test, Signs Symptoms and Management. students get the knowledge and how to deal the individuals for guidance and counselling and care to the person who are in that phase.

This Seminar was beneficial for all who were attended the completion. The health day activities ended with vote of thanks given by student Ms. Khushboo.



CLASS COORDINATOR



PRINCIPAL

Principal

Institute of Nursing

Education & Research

Tilak Maharashtra Vidyapeeth Trust

Gultekdi, Pune - 411 037.

**TILAK MAHARASHTRA VIDYAPEETH
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

Name of the event: Poster Competition On the Occasion Of "Science Day"

Organizer: Nursing Department.

Date and time: 28/3/2023

Participants: 1st Year B.sc. Nursing Students.

Topic: Nursing as a science

Under the able guidance of Hon'ble Chancellor Dr. Deepak. J. Tilak Vice Chancellor Dr Geetali Tilak, Vice President Dr. Rohit Tilak sir and Principal Dr. Madhuri Shelke Institute of Nursing Education and research The Science Day celebration was conducted by the First year BSc.Nursing student and organized various activities in which students actively participated.


Creativity of the students was displayed colorfully in the form of poster competition under the topic of NURSING AS A SCIENCE. Many students participated in the competition. Class coordinator Ms. Heera Bhalerao and Faculty Ms. Suzie Sable accompanied with students.

The posters were judged by Mr. Bharat Jadhav from the Fine Arts Department, on the basis of content, clear purpose and concise, color combination, relevant and significant, essential and organized. The following were chosen as the winners of the competition.

1. Ms. Natasha Like
2. Ms. SanikaBhosale

This program was beneficial for all who were attended the completion. The health day activities ended with vote of thanks given by student Ms. Ashlesha.


CLASS COORDINATOR

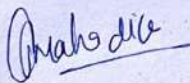

PRINCIPAL
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TOPIC ADDRESSED:

Seminar on the occasion of Self-Harm Awareness Day depicted various aspects such as-

- Introduction and definition of self-harm.
- Common myths and facts related to self-harm.
- Incidence and onset of self-harm.
- Self-harm behaviours: carving, scratching, ingestion of sharps, bruising, excessive body piercing, etc.
- Warning signs of self-harm.
- Immediate consequences of self-harm behaviour (relief from stress, relaxation, calmness, sleep, etc.), later consequences of self-harm behaviour (guilt, shame, stigma, feelings of isolation and abandonment).
- Aetiology of self-harm behaviour: serotonin, endorphin model.
- Risk factors: depression, trauma, eating disorders, conduct disorder, personality disorder.
- Self-harm interventions: thought stopping technique, positive stress management, identification of feelings and talking them out, learning social skills, etc.

Raising awareness about self-harm is incredibly important. Awareness leads to understanding and empathy, banishing judgment and fear, and reducing the number of people who feel alone and suffer in silence. Institute of Nursing Education and Research, Tilak Maharashtra Vidyapeeth created awareness about 'self-harm' in nursing students so they can use this knowledge in their professional and personal life.



Ms. Prerana Mahadik

Clinical Instructor



Prof. Dr. Madhuri Shelke

Principal
Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.

TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE.

NAME OF THE EVENT- “Seminar on the occasion of Self-Harm Awareness Day”

ORGANIZER-Tilak Maharashtra Vidyapeeth, Nursing Department

DATE & TIME- 1st March 2023 at 2 PM

PARTICIPANTS- 3rd year B. B. Sc. Nursing Students

ORGANIZER- Ms. Prerana Mahadik

VENUE- 3rd Year B.Sc. Nursing class

Theme- “It’s not about Cuts or Bruises. It’s about coping with Stress, Distress, and Despair”

Self-injury Awareness Day, which is also known as Self-Harm Awareness Day, is a global event observed every year on March 1. The forms of self-harm differ from person to person, however it also includes burning, cutting, scratching the skin, biting etc.

CENTRAL OBJECTIVES:

The purpose of Self-Harm Awareness Day is not only to raise awareness of the health condition’s self-injury, but also to dispel the many misconceptions and prejudices that accompany it.

ACTIVITIES:

On the occasion of Self-Harm Awareness Day 2023, Institute of Nursing Education and Research, Tilak Maharashtra Vidyapeeth, under the guidance of Prof. Dr. Madhuri Shelke (Principal, INER), Ms. Prerana Mahadik (Clinical Instructor, INER, TMV) organized a seminar on “Self-Harm” in Institute of Nursing Education and Research, Pune. Seminar was presented by Ms. Prerana Mahadik (Clinical Instructor, INER, TMV) in 3rd year B. B. Sc. Classroom. Students were attentive for seminar.

**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- "Seminar on National Women and girls HIV/AIDS Awareness Day"

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 28/03/2023 **Time** –4-5 Pm.

SPEAKER:Ms. Radha W.Shinde

PARTICIPANTS :Third year B.Sc Nursing Students

VENUE3rd Year B.Sc. Nursing Classroom

TOPIC ADDRESSED:

- Introduction to HIV/AIDS
- To describe the risk factors for HIV/AIDS transmission.
- To describe the various HIV/AIDS preventive strategies.
- To acquire knowledge about mode of transmission of HIV, how HIV does not transmit, window period.(Antibody tests can usually detect HIV 23 to 90 days after exposure)
- To gain knowledge about treatment/curative health services of HIV infection and AIDS.
- To know the knowledge about STI's, their clinical features, treatment and prevention.

OBJECTIVES:

- To increase awareness on HIV/AIDS.
- Encourage all persons to get tested for HIV.
- To increase the number of person who knew their HIV status by making HIV testing more available and affordable even to rural dwellers.
- Empower youth to practice behaviors that protects their sexual and reproductive health , by increasing knowledge of age-specific sexual and reproductive health.

TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE

Name of the event: International women's day

Organizer: Institute of nursing education and research Pune

Date and time: 8.03.2023 at 1:00 pm to 2:00 pm

Participants: First Year B.Sc. Nursing Students.

Venue -First year class room


Under the guidance of Hon'ble Chancellor Dr. Deepak Tilak, vice Chancellor Dr. Geetali Tilak, Vice President Dr. Rohit Tilak Sir and Principal Dr Madhuri Shelke(Institution of Nursing Education and Research)the International women's day celebration was conducted the Essay competition by First year B Sc Nursing students at First year classroom.

Theme -Accelerate Equality

The faculty Ms. Heera Bhalerao guided to students regarding equality of womens in the society.First year45 students were actively participated in essay competition. Students wrote their thought and expressed themselves through this essay. The evaluation wasdone by Mrs. Urmila Chaudhari. These 3 students selected as winners were

- 1) Ms. Ghodke Radha
- 2) Ms. Kiran Bobade
- 3) Ms. Komal Pawar.

This program was beneficiary for all who were attended the cometition.The health day activity ended with vote of thanks given by Student Ms. Ms . Saraswati Gaikwad.



Ms. Heera Bhalerao
(Class coordinator)



Prof. Dr. Madhuri Shelke

(Principal)

Principal
Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.

TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.

NAME OF THE EVENT – “International Women’s day”

ORGANIZER – Tilak/ Maharashtra Vidyapeeth Nursing Department

DATE AND TIME – 8/3/2023 Time 2:30pm- 4pm

PARTICIPANTS – I& III B.Sc. Nursing Students

TEACHERS– Ms. Sonali Satpute, Ms.AshwiniPalwade.

VENUE – Meenatai ThakareVasahat, TMV Colony

Topic Addressed –

- Addressing International Women’s day.
- What is equality
- What is importance of equality
- Health education on topics like menstrual hygiene, balance diet, family planning methods and its importance, breast self-examination.

Theme – “DigitALL: Innovation and technology for gender equality.”

International Women’s day is celebrated on 8th March every year by the people, government organizations and other related professions in order to create awareness regarding gender equality and women empowerment and by addressing women like Kalpana Chaval to given others encouragement.

The objective of this day was to raise the awareness regarding Women Empowerment and Equality. Under the guidance of Dr. Madhuri Shelke (Principal INER, Pune) the Institute conducted an awareness program on the occasion of International Women’s day.

On 8/3/2023 at 2:30pm we International Women’s day at Meenatai Thakare Vasahat, TMV Colony for the celebration of. Program started with the addressing of International Women’s day as it is celebrated on 8 March every year for to promoting the women for their equality and empowerment and this year it has the Theme – “DigitALL: Innovation and technology for gender equality.”

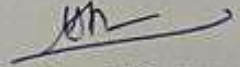
Also other students gave the health education on topics such as like menstrual hygiene, balance diet, family planning methods and its importance, breast self-examination for their better health.

The activity was very interactive along with discussion regarding the topic and resolution of their queries.

At the end of the program, the effectiveness of the program was assessed through the question answers and the queries of the group and their feedback.



Ms.Sonali Satpute



Prof.Dr.Madhuri Shelke

Principal



 **GPS Map Camera**

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Ganesh Nagar, Near Ganesh Temple, Bazaar Tal, Kalubai

Nagar, Wagholi, Pune, Maharashtra 412207, India

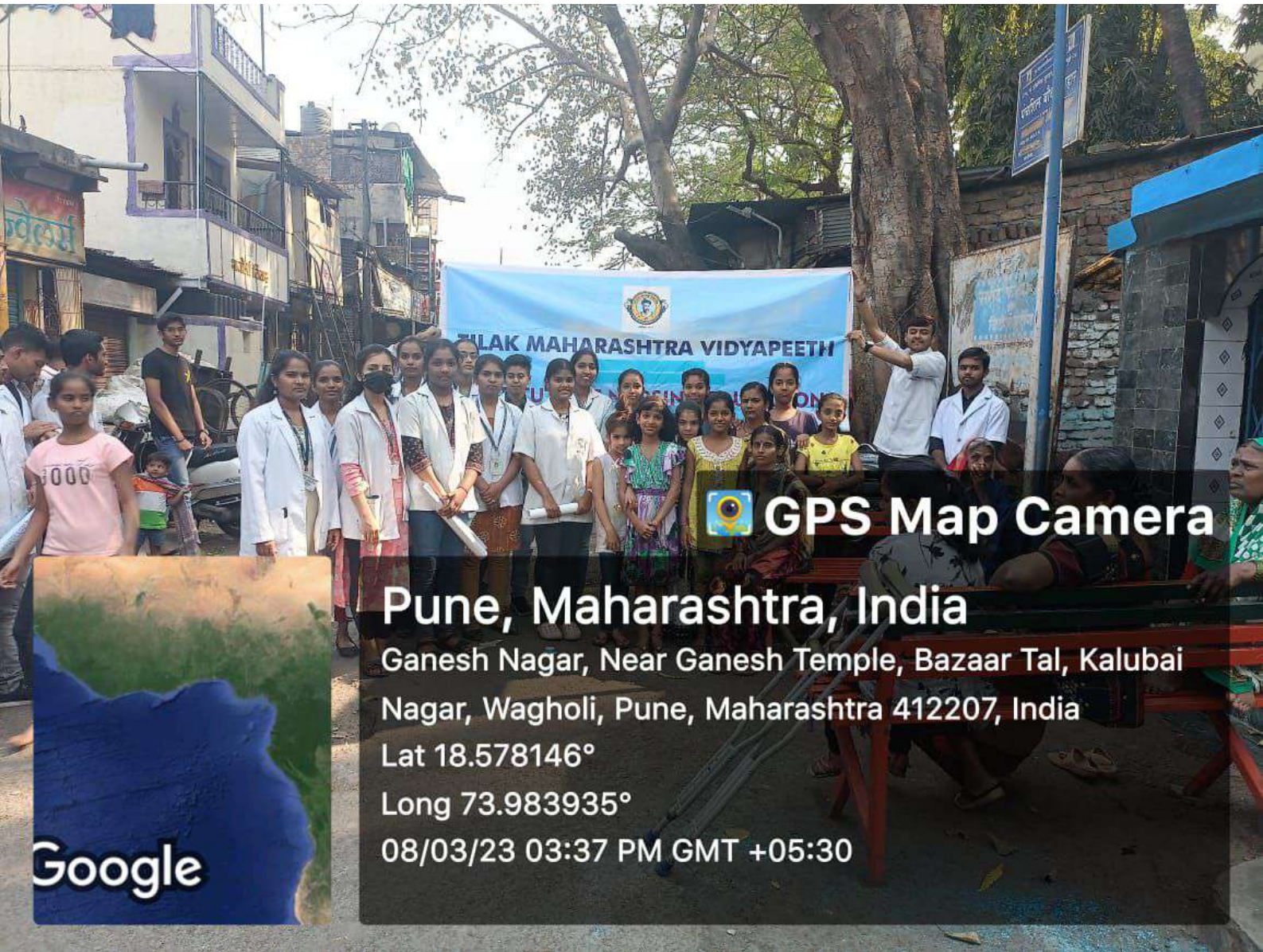
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